



HAL WELSH EAST AREA FAMILY YMCA

GYM SCHEDULE

JANUARY 1ST – JANUARY 31ST

****Schedule subject to change****

MONDAY

12:00pm–3:00pm
Open Basketball
Court 1

9:00am–12:00pm
Pickleball
Court 2

11:00am–12:00pm
UPK GYM TIME
Court 3

12:00pm–2:00pm
****HOMESCHOOL****
Court 3

5:30pm–6:00pm
****Kinder Karate****
Sport Courts 5&6

6:00–8:00pm
****Karate Academy****
Sport Court 5&6

6:00pm–9:00pm
Open Volleyball
Court 3

6:30pm–9:00pm
Open Ping Pong
Sport Court 2&3

4:00pm–9:00pm
**** 1 on 1 Training ****
Sport Courts

TUESDAY

12:00pm–3:00pm
Open Basketball
Court 1

9:00am–12:00pm
Pickleball
Court 2

10:30am–11:00am
****Kinder Ninja****
Courts

10:30am–11:00am
UPK GYM TIME
Court 3

5:15pm–5:45pm
****Kinder Basketball****
Court 2

6:00pm–7:45pm
****Soccer Academy****
Court 2

6:00pm–9:00pm
Open Badminton
Court 3

4:00pm–9:00pm
**** 1 on 1 Training ****
Sport Courts

WEDNESDAY

10:00am – 12:00pm
****Group Ex Class****
Court 1

12:00pm–3:00pm
Open Basketball
Court 1

9:00am–12:00pm
Pickleball
Court 2

11:00am–12:00pm
UPK GYM TIME
Court 3

5:00pm–7:45pm
****Basketball Academy****
Court 2

6:00pm–9:00pm
****Volleyball League****
Court 3

4:00pm–9:00pm
**** 1 on 1 Training ****
Sport Courts

THURSDAY

12:00pm–3:00pm
Open Basketball
Court 1

9:00am–12:00pm
Pickleball
Court 2

10:15am–10:45am
****Kinder Soccer****
Court 1

11:00am–12:00pm
UPK GYM TIME
Court 3

11:15am–12:45pm
****HOMESCHOOL****
Court 3

5:15pm–8:00pm
****Flag Football Academy****
Court 2

6:00pm–9:00pm
Open Badminton
Court 3

4:00pm–9:00pm
**** 1 on 1 Training ****
Sport Courts

FRIDAY

10:30am–11:30am
****Group Ex Class****
Court 1

12:00pm–3:00pm
Open Basketball
Court 1

9:00am–12:00pm
Pickleball
Court 2

11:00am–12:00pm
UPK GYM TIME
Court 3

10:15am–10:45am
****Kinder Basketball****
Court 1

11:15am–11:45am
****Kinder Sports****
Courts

5:00pm–8:00pm
****Volleyball Academy****
Court 2

4:00pm–9:00pm
**** 1 on 1 Training ****
Sport Courts

SATURDAY

7:00am–11:00am
Open Basketball
Court 1

11:30am–12:30pm
****Group Ex Class****
Court 1

9:00am–1:30pm
****Jr. NBA LEAGUE****
Court 2 & 3

SUNDAY

8:00am–11:00am
Open Basketball
Court 1

9:00am–12:00pm
Pickleball
Court 2

12:00pm–3:30pm
Open Badminton
Court 3

3:30pm–6:00pm
Open Volleyball
Court 3

9:00am–6:00pm
**** 1 on 1 Training ****
Sport Courts

Hal Welsh East Area Family YMCA

200 Towne Drive
Fayetteville NY 13066
315-637-2025

HOURS OF OPERATION

- Mon–Fri: 5:30am–9:00pm
- Sat: 6:00am–6:00pm
- Sun: 8:00am–6:00pm

NOTES:

- Courts may be used when not otherwise scheduled
- **Indicates Paid Program**