

HAL WELSH EAST AREA FAMILY YMCA

GYM SCHEDULE NOVEMBER 1ST – NOVEMBER 30TH

**Schedule subject to change*

MONDAY

12:00pm-3:00pm

Open Basketball

Court 1

9:00am-12:00pm

Pickleball Court 2

11:00am-12:00pm ***UPK GYM TIME***

Court 3

12:00pm-2:00pm **HOMESCHOOL**

Court 3

Kinder Karate

6:00-8:00pm

**Karate Academy*

6:00pm-9:00pm

Open Volleyball

Court 3

4:00pm-9:00pm

** 1 on 1 Training **

Sport Courts

TUESDAY

12:00pm-3:00pm

Open Basketball

Court 1

9:00am-12:00pm

Pickleball

Court 2

**Kinder Ninja*

10:30am-11:00am

UPK GYM TIME

Court 3

**Kinder Basketball*

Soccer Academy

6:00pm-9:00pm

Open Badminton

Court 3

4:00pm-9:00pm

** 1 on 1 Training **

Sport Courts

WEDNESDAY

10:00am - 12:00pm

Group Ex Class

Court 1

12:00pm-3:00pm

Open Basketball

Court 1

9:00am-12:00pm

Pickleball

Court 2

11:00am-12:00pm

UPK GYM TIME

Court 3

Court 2

6:00pm-9:00pm

Volleyball League

Court 3

4:00pm-9:00pm

** 1 on 1 Training * **Sport Courts**

THURSDAY

12:00pm-3:00pm

Open Basketball

Court 1

9:00am-12:00pm

Pickleball

Court 2

**Kinder Soccer*

11:00am-12:00pm

UPK GYM TIME

Court 3

11:15am-12:15pm

HOMESCHOOL

Court 3

6:00pm-9:00pm

Open Badminton

Court 3

4:00pm-9:00pm

** 1 on 1 Training *

Sport Courts

FRIDAY

10:30am-11:30am

Group Ex Class

Court 1

12:00pm-3:00pm

Open Basketball

Court 1

9:00am-12:00pm

Pickleball

Court 2

11:00am-12:00pm

UPK GYM TIME

Court 3

Kinder Basketball

**Kinder Sports*

5:00pm-8:00pm

4:00pm-9:00pm

** 1 on 1 Training *

Sport Courts

SATURDAY

7:00am-11:00am

Open Basketball

Court 1

11:30am-12:30pm

Group Ex Class Court 1

9:00am-1:30pm

Jr. NBA LEAGUE

Court 2 & 3

SUNDAY

8:00am-11:00am

Open Basketball

Court 1

9:00am-12:00pm

Pickleball

Court 2

12:00pm-3:30pm

Open Badminton

Court 3

3:30pm-6:00pm

Open Volleyball

Court 3

9:00am-6:00pm

** 1 on 1 Training *

Sport Courts

Hal Welsh East Area Family YMCA

200 Towne Drive Fayetteville NY 13066 # 315-637-2025

HOURS OF OPERATION

- Mon-Fri: 5:30am-9:00pm
- Sat: 6:00am-6:00pm Sun: 8:00am-6:00pm

NOTES:

- Courts may be used when not otherwise scheduled
- **Indicates Paid Program**