



Lap Swim Schedule *Revised 4/4/25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7 AM: Lanes 1-6	5:30-7 AM: Lanes 1-6	5:30-7 AM: Lanes 1-6	5:30-87AM: Lanes 1-6	5:30-7 AM: Lanes 1-6	6-8:30 AM Lanes 1-4	
7-9 AM: Lanes 1-4 9-9:45 AM: Lanes 1-2 9:45-11 AM: Lanes 1-3	7-9:45 AM: Lanes 1-2 9:45-10:45 AM Lanes 1-3 10:45AM-4 PM Lanes 1-4 4-4:50 PM: Lanes 3-4 4:50-6 PM Lane 3 6-7:45 PM Pool CLOSED for Wave Riders Swim Team 7:45-8:30 PM Lanes 1-4	7-10 AM: Lanes 1-2 10-11:15 AM Lanes 1-3 11:15AM-4:15 PM Lanes 1-4 4:20-5:30 PM Lane 3 5:30-6:50 NO Lanes due to swim lessons 6:50-7:50 PM Masters Swim	7-10:30 AM: Lanes 1-2 10:30-3 PM Lanes 1-4 <			



North Area Family YMCA Aquatics



Open Swim Schedule *Revised 4/4/25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-9AM Shallow and Deep Open	8-10:30 AM: Deep Open	8-8:30 AM Deep Open 8:30-9:15 AM Shallow Open	8-9AM: Deep Open 9-9:45 AM Shallow Open	7:30-8:30 AM Deep Open 8:30-9 AM Shallow Open	6-8:30 AM Shallow and Deep Open 8:30-9 AM: Shallow Open	
9-9:45 AM Shallow Open 9:45-11 AM Deep Open	10:30AM-4:15 PM Shallow and Deep Open 4:15-4:55 PM Shallow Open	11AM-4:15 PM Shallow and Deep Open 4:15-5:30 PM Deep Open	9:45-10:30 AM Deep Open 10:30AM-3 PM Shallow and Deep Open	9:15-10:45 AM Deep Open 10:45-6 PM Shallow and Deep Open 6:15-7:45 PM Pool CLOSED for Wave Riders Swim Team	9-11:15 AM NO OPEN SWIM Due to Swim Lessons 11:15-2:30 PM Shallow and Deep Open *Please be sure to check posted signs for events that would change this schedule*	Master's Swim: 8-9:30 AM (No open swim) 10:45 AM-2:30 PM Shallow and Deep Open * *Swim Lessons in pool during this time, aquatics staff may relocate swimmers due to space limitations*
11 AM-4:15 PM Shallow and Deep Open 4:15-6:50 PM NO OPEN SWIM Due to Swim Lessons Master's Swim: 6:50-7:50 PM (No open swim) 7:50-8:30 PM Shallow and Deep Open	4:55-5:25 PM Deep Open 5:25-7:45 Pool CLOSED for Swim Lessons and Wave Riders Swim Team 7:45-8:30 PM Shallow and Deep Open	Master's Swim: 6:50-7:50 PM (No open swim) 7:50-8:30 PM Shallow and deep Open	*Pool Closed for Maintenance 3-4 PM* 4-6:15 PM Shallow and Deep Open 6:15-7:45 PM Pool CLOSED for Wave Riders Swim Team	7:45-8:30 PM Shallow and Deep Open	Please note: The open swim area may occasionally close for events, birthday parties, etc. Please see signs posted on pool doors. There is NO open swim available during swim lessons and swim team practice to provide the highest quality program, and to keep our participants safe. To Ensure safety at all times, lifeguards and YMCA staff may coordinate swimmers and lane usage. This can include relocating pool users.	

Get With The Band!

Every child (age 0 to 17) in our pool must wear one of three colored wrist bands. The bands give our lifeguards instant information on each child's swimming ability, helping us keep them safe and in the most appropriate swimming areas. Stop at Member services on your way in to get your band!

Need to take a swim test? Grab a swim test card at member services and give it to the lifeguard on Duty. They will be happy to administer the swim test and give your child the appropriate swim band.