



FAMILY TRANSFORMATION LIFE-CHANGING ACTIVITY DIVERSITY, BALANCE & FLEXIBILITY

PICKLEBALL PROGRAMS

MANLIUS YMCA – 2025

Improve your game, play competitive matches, take lessons or set up your own games. New and experienced players are welcome, with a variety of options for players to play and learn.

UPDATED 12/17/2024

PICKLEBALL CONTACT INFORMATION

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WEEKLY CLINICS

Our clinics help you learn or develop your game in a group setting. Numbers are limited to four players per court. Sign up on a week-by-week basis. Clinic Rates: 60 minutes - \$10, 90 minutes - \$15. Non-members, additional \$15 fee.

Pickleball Strategy *ongoing*

Once you know how to play the game and have developed solid basic strokes, the next step is to learn which shots to use, where to be on the court and how to work in harmony with your partner.

Level: Intermediate - Advanced

- **Thursday 11:00 am – noon**

Stroke Development *ongoing*

Develop the strokes you need to accelerate your pickleball play and enjoy the game more. You'll refine the basic strokes (serve, dinks and third shots) and start to use them to employ basic strategies.

Level: Beginner - Intermediate

- **Monday 9:00 - 10:00 am**
- **Sunday 11:30 am - 1:00pm**

6-Week Programs

Pickleball 101:

Six-week class: Learn the strokes, movement patterns, basic tactics and rules of pickleball in this efficient series. Each class builds on the next, giving you the confidence to participate in our round robins and Rookie League or Open Play.

Rates: YMCA Members \$80 / Non-Members \$120

- **Thursday 12:00pm - 1:30pm**

Sessions:

Winter = January 9 to February 13

Spring 1 = March 6 to April 10

Spring 2 = May 8 to June 5

Fall 1 = September 4 to October 9

Fall 2 = November 6 to December 11

Pickleball 102:

Take your game to the next level. We'll focus on how to transition up to the net from the baseline. This class is for players who already play pickleball and have a consistent serve and return.

Level: Advanced Beginner to Intermediate

Rates: YMCA Members \$80 / Non-Members \$120

- **Tuesday 10:30am - 12:00pm**
- **Wednesday 7:00pm – 8:30pm *WINTER ONLY**

Sessions:

Winter = January 7 to February 12

Spring 1 = March 4 to April 8

Spring 2 = May 6 to June 3

Fall 1 = September 9 to October 14

Fall 2 = November 4 to December 9

LEAGUES

Rookie League *ongoing* -

Pickleball with a regular group of players. Focus on no-pressure playing and getting to know other players of similar abilities. Our staff looks after the rotations and is available for any questions.

- **Monday 10:00 - 11:30 am**

Monthly Rates YMCA Members \$40 / Non-Members \$75

Week-by-week Rates: YMCA Members \$10 / Non-Members \$25

Evening League *ongoing* -

Pickleball league for intermediate to advanced players. Get to know other players of similar abilities with consistent playing time each week.

- **Thursday 7:00 – 9:00 pm**

Monthly Rates YMCA Members \$40 / Non-Members \$75

***Monthly Rates are auto-drafted the 1st of each month. Cancellations must be submitted in writing by the 25th of the prior month. Cancelling registrants must re-register when ready to join back in.**

OPEN PICKLEBALL PLAY

Join in the fun on our pickleball hard-courts, located on tennis-court one. Bring your own balls and players organize rotations. Sign-up 7 days in advance on the app or at the front desk. Spaces are limited. YMCA Members \$5 / Non-Members \$20

- **Tuesday 12:00pm - 2:00pm**
- **Wednesday 1:00pm - 3:00pm**
- **Thursday 1:30pm - 3:30pm**
- **Friday 9:00am - 10:30am**
- **Saturday 12:00pm - 2:00pm**
- **Sunday 1:00pm - 3:00pm**

Advanced Open Play

For advanced players only!

- **Saturday 2:00pm - 4:00pm**
 - **Monday 7:00pm - 9:00pm** King's
- Court format: players move up or down tiered courts depending on wins/losses. 26 players max! Members \$7 / Non-Members \$23

PRIVATE RESERVATION

- Court 1 is available for PB reservations requested through CourtReserve or Front Desk.
- Rosters with first & last names must be provided to the front desk, required 24 hours in advance.
- Players must enter through the front door and check in at the front desk. If your name is on the roster, you will be charged.

30 Minutes \$20 / 60 Minutes \$40 / 90 Minutes \$60
Minimum \$5 per player /Non-Members additional \$15 fee

YMCA MEMBER PICKLEBALL

Open YMCA Member Pickleball in the SACC gym is **FREE** to **YMCA Members only**. Bring your own balls and players organize rotations. Separate play for Beginners only. EVERYONE PLAYS! All players and ability levels welcome.

- **Monday 6:00 - 8:45 pm**
- **Tuesday 6:00 - 8:45 pm**
- **Wednesday 9:00 - 11:00 am**
BEGINNER TIME
- **Wednesday 6:00 - 8:45 pm**
- **Thursday 6:30 - 8:45 pm**
- **Friday 9:00 - 10:45 am**
- **Saturday 10:30 am - 12:30 pm**
- **Saturday 2:00pm - 4:30pm**
BEGINNER TIME

YMCA Member Only Pickleball Play opportunities and times may be found at cnpickleball.com

PRIVATE / GROUP LESSONS

Pickleball Lessons are a great way for individuals or groups to learn the game or improve skills with one of our Professional Pickleball Registry (PPR) Certified Staff Members. To schedule a lesson, call or stop by the Manlius YMCA.

PRIVATE LESSONS (1 PERSON)

60 minutes \$60

SEMI-PRIVATE LESSONS (2 PEOPLE)

60 minutes \$35/person
90 minutes \$52/person

GROUP LESSONS (3 PEOPLE)

60 minutes \$25/person
90 minutes \$38/person

CLINIC (4+ PEOPLE)

60 minutes \$20/person
90 minutes \$30/person

Rates include court time. Non-members are subject to an additional \$15 guest fee payable at check-in.

HOW TO REGISTER

Pickleball series including clinics, leagues, lessons, round robins, and open play must be registered up to 7 days in advance pending member type.

Pickleball Programs or Leagues:

- Registration on our website www.ymcacny.org or at our membership desk.

Clinics & Open Pickleball Play:

- Call or stop by the Manlius YMCA or register on our YMCA CourtReserve App.
- Players may only register themselves. You cannot register a group of players.

PICKLEBALL COURT RULES

- No speakers/music allowed. Please be respectful to other courts.
- Pickleball Open Court Time Rules and Court Courtesy must be followed. Offenses may result in ineligibility to reserve a court or potential membership suspension.
- Players must cancel reservations, or they may not be eligible to make future ones.
- Check-in required for all Pickleball activities.